

**Chemical peels** use a chemical solution to improve and smooth the texture of the facial skin by removing its damaged outer layers. It is helpful for those individuals with facial blemishes, wrinkles and uneven skin pigmentation. Glycolic acid, **trichloroacetic acid (TCA)** and **alphahydroxy acids (AHAs)** are all used for this purpose. The precise formula used may be adjusted to meet each patient's needs. Peels are a great way to maintain healthy skin and boost collagen production for a more youthful, vibrant appearance. Chemical peels are also performed to remove pre-cancerous skin growths, soften acne facial scars and even control acne. There are basically three types of chemical peels, light, medium, and deep each increasingly aggressive and requiring more downtime.

**LIGHT PEEL - Alphahydroxy acids ( AHAs )**, such as *glycolic, lactic, or fruit acids* are the mildest of the peel formulas and produce **light peels**. These types of peels can provide smoother, brighter-looking skin for people who can't spare the time to recover from a more aggressive **phenol** or **TCA peel**. **AHA peels** may be used to treat fine wrinkling, areas of dryness, uneven pigmentation and acne.

**MEDIUM PEEL- Medium Peels**, such as the TCA- low peel and salicylic peel, penetrate the skin more deeply than the superficial peel. **Medium peels** may be used to treat fine wrinkling, skin smoothness and vitality, and superficial discoloration

**DEEP PEEL - Deep Peels**, TCA 40% and above, penetrate several layers of the skin and cause a second-degree burn of the skin. These peels are used only on the face, usually using a chemical called phenol. **Deep peels** may eliminate wrinkles, tighten skin, treat pronounced sun damage, lesions and growth on the skin in a single treatment. These results are often dramatic.